

A Liturgy for Holy Communion

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We Gather for Worship and Praise God

Come, all you who are loved by God,
Come, and be fed with the food
that He gives freely;
Come, and quench your thirst
from the Waters of Life;
Come, and let your spirits be filled again
with the goodness of your Creator.

**Lord God, Giver of all good things,
We hear Your invitation,
we see Your gifts of life and grace.
We have come, we have tasted
and we know...
God, You are good.
Amen.**

We Bring Our Confession

*A moment of silent prayer may be
observed, in which each one may reflect
on their lives, and bring their prayers for
forgiveness, healing and renewal to God.*

O God, Who embraces us in mercy
and acceptance,
We recognise those places in our lives
where we have been hurt and rejected.
And we offer them to You.
We recognise those times
when we have hurt and rejected others
And we offer them to You.
And we recognise the ways
that we have failed to believe
in Your forgiving power.

**In the Name of the One Who died,
Who said, "Father, forgive them,"
we pray that You would cleanse
and heal us,
And help us to live in the strength**

*that comes from Your love.
Amen.*

We Proclaim What We Believe

We believe in God,
The Maker and Lover of all things.
We believe in God,
**The One who comes near,
and rescues all people.**
We believe in God,
**The One who gives life
to every creature,
and fills us with strength and love.
Amen.**

We Bring Our Requests

Faithful God, full of Compassion,
You have promised to be near us,
and to listen to our prayers
for ourselves and others
And so, we pray for our world,
torn by hatred and division,
broken by poverty and disease.
Let Your mercy fill our world.

We pray for our country,
still frightened by
the memory of chains,
struggling to become new.
Let Your mercy fill our country.

We pray for our families
and communities,
places of celebration and suffering,
places of joy and grief.

**Let Your mercy fill our families
and our communities.**

And, we pray for ourselves,
with so much need
and so much pain,
With so much hope
and so many dreams.

**Let Your mercy fill us, O God.
Amen.**

The Lord's Prayer may be said together.

We Gather at the Lord's Table

Come, all you who are loved by God,

Come to the table of the Lord,
Come and eat food with no cost,
Come and drink with no money
to pay.

**We come to eat, to drink,
and our hearts are glad.**

Yes, Dear Lord our God,
Our hearts truly are glad,
and we are filled with thankfulness,
Because in Your great love
You did not abandon us
in the dark and fearful places
of this world,

But in Jesus, You came to us,
to rescue us, to restore us,
and to give us new life.

**And all who are tired and burdened,
all who are frightened and unsafe,
all who are sick and broken,
can come and find new life.**

We remember the way that Jesus
showed us His love:

On the evening before He died,
He had supper with His friends.

During the meal,
He took the loaf of bread,
gave thanks for it,
broke it
and then passed it around
with these words:

**This is my body broken for you.
Eat this and remember Me.**

And, after the meal
He took the cup of wine,
gave thanks for it
and then passed it around
with these words:

**This is my blood shed for you.
Drink this and remember Me.**

And now, every time we eat bread
like this,

and every time we drink wine like this,
We remember Jesus,
and His everlasting love.

*Those who are serving communion
receive first, and then serve the rest of the
worshippers.*

We Prepare to Go Back Into the World

Now come, all you who are loved by God,
Hear His call to serve others
as He has served you;
Hear His invitation to be part
of His plan to rescue the world;
Join the community of those
who walk in the footsteps of Jesus.

**Lord God of World-Changing Love,
We thank You for this meal,
and for welcoming us to Your table.**

**We remember that we are
Your children,
and that You have called us
to share Your love
with everyone we meet.**

**Help us to receive Your life,
walk in Your strength,
and follow Your ways
every moment of our lives.**

And now, may God's caring arms
embrace us,
Jesus' comforting words fill us,
and the Holy Spirit's renewing Presence
surround us
today and always.
Amen.

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